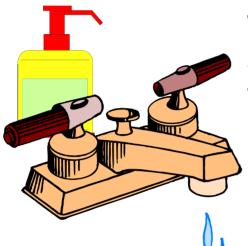
## WASH HANDS OFTEN!

It's the best way to STOP the spread of DISEASES!





Wash your hands for 20 seconds with hot soapy water!

## Before:

- Your shift begins
- Handling Food
- Putting on clean gloves

## After:

- Using the toilet
- Handling raw foods
- Taking a break/smoking
- Coughing, sneezing, eating, drinking
- Cleaning/taking out trash
- As often as necessary to remove soil and contamination



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